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*Interventional Pain Management, Spine Pain, Musculoskeletal Medicine, Electrodiagnosis (EMG/NCS), Botox*

**MEDICATIONS TO STOP PRIOR TO AN  
EPIDURAL STEROID INJECTION**

<b><u>Medication</u></b>	<b><u>Stop Time Prior to Injection</u></b>
Plavix	7-10 days
Aspirin	7- 10 days (Epidural Only)
Xaralto	3 days
Coumadin (Warfarin)	5 days & Lab INR < 1.5
Aleve, Ibuprofen	7 days
Effient	10 days
Toclid	14 days
Pletal	7 days
Dicumerol	5 days
Elmiron	5 days
Aggrenox	3 days
Persantine (dipyridamole)	3 days
Heparin	12 hours
Lovenox, Arixtra, Gramin	24 hours

**\*\* IF YOU ARE TAKING ANY ANTICUAGULANTS/BLOOD THINNERS, YOU NEED TO  
SPEAK TO YOUR PHYSICIANS NURSE AT LEAST 1 WEEK PRIOR TO YOUR PROCEDURE.**

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